

Enrich Your Annual Meeting Experience With Top-Flight Courses

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Chair of the Subcommittee on Courses of APA's Scientific Program Committee

Did you know that there is an option for those attending the Annual Meeting in San Francisco in which you are able to learn about a topic in greater depth than regular scientific sessions, have increased ability to ask questions and interact with presenters, and get educational materials in a more intimate learning environment?

Courses are offered at the Annual Meeting with these benefits in mind. The majority of courses are four hours long and led by experts of national prestige. A wide variety of topics are covered, including personality disorders, reproductive psychiatry, treatment-resistant depressive disorders, anxiety disorders, suicide risk assessment, family therapy for bipolar disorder, psychodynamic psychopharmacology, religion and spirituality, neurocognitive disorders, agitation in emergency psychiatry, and sexual dysfunctions.

If any of these topical areas are of interest to you, then take a look through the offerings in more detail and consider registering for a course to complement your continuing medical education experience at the Annual Meeting. You won't be disappointed. **PN**



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MASTER COURSES

M8105 | PART 1: SATURDAY, MAY 20, 2023; PART 2: SUNDAY, MAY 21, 2023

2023 Psychiatry Review

Faculty: Venkata Kolli, M.B.B.S.; Vishal Madaan, M.D.

Educational Objectives: (1) Identify gaps in knowledge in psychiatry as part of an exercise in individual learning. (2) Review core concepts in psychiatry and high-yield subspecialty topic areas. (3) Analyze multiple-choice questions and vignettes pertinent to clinical topics.

| 1:30 p.m.-5:30 p.m.; 08:00 a.m.-noon; Moscone Center; Registration Cost: \$390; Spaces Available: 204

M8066 | SUNDAY, MAY 21, 2023

Sleep Disorders and Their Management: An Overview of Common Sleep Conditions Associated With Mental Health Disorders

Faculty: Emmanuel During, M.D.; Clete Kushida, M.D., Ph.D.; Rafael Pelayo, M.D.; Jamie Zeitzer, Ph.D.

Educational Objectives: (1) Recognize common sleep disorders based on their presentation and their common association with mental health disorders. (2) Understand the relation between pharmacotherapy and sleep-wake disorders when treating patients with psychiatric disorders. (3) Recognize when patients need to be referred to a sleep medicine provider.

| 8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$390; Spaces Available: 120

M8063 | SUNDAY, MAY 21, 2023

Consultation-Liaison Psychiatry Master Course

Faculty: James Levenson, M.D.; Jeffrey Staab, M.D.; Mark Oldham, M.D.; David Perez, M.D.

Educational Objectives: At the conclusion of this course, (1) the participant will be able to describe the elements of an effective psychiatric consultation; (2) the participant will have up to date knowledge of the diagnosis, prevention, and treatment of delirium; (3) the participant will have up to date knowledge of the diagnosis, management, and treatment of somatic symptom disorder; (4) the participant will have up to date knowledge of the diagnosis, management, and treatment of functional neurologic symptom disorder (conversion disorder). (5) At the conclusion of this course, the participant will incorporate the latest information on psychopharmacology in the medically ill.

| 8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$390; Spaces Available: 192

M8079 | MONDAY, MAY 22, 2023

Late-Life Mood and Anxiety Disorders

Faculty: Art Walaszek, M.D.; Susan Lehmann, M.D.; Shilpa Srinivasan, M.D.; Brent Forester, M.D., MSc; Lucy Wang, M.D.

Educational Objectives: (1) Describe how to assess an older adult who presents with depression and/or anxiety. (2) List the components of suicide risk assessment in older adults and strategies to lower risk of suicide. (3) Explain the risks and benefits of pharmacological, neuromodulatory, and psychotherapeutic interventions for depression and anxiety in older adults, including in those with neurocognitive disorders. (4) Describe how to assess and manage bipolar disorder in older adults.

| 8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$390; Spaces Available: 204

M8083 | MONDAY, MAY 22, 2023

Master Course in Child and Adolescent Psychiatry

Faculty: John Walkup, M.D.; Jeffrey Strawn, M.D.; Karen Wagner, M.D., Ph.D.; Aron Janssen, M.D.; Christopher McDougale, M.D.

Educational Objectives: (1) Critically review and analyze cases to improve outcomes from pharmacotherapy in children and adolescents with autism. (2) Critically review and analyze cases to improve outcomes for children and adolescents with anxiety disorders. (3) Critically review and analyze cases to improve outcomes for children and adolescents with mood disorders. (4) Critically review and analyze cases to improve quality and safety of patient care in management of gender dysphoria. (5) Critically review and analyze cases to improve outcomes for children and adolescents with obsessive-compulsive-related disorders and tic disorders.

| 8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$390; Spaces Available: 316

M8065 | TUESDAY, MAY 23, 2023

Master Course in Clinical Psychopharmacology

Faculty: Alan Schatzberg, M.D.; Charles DeBattista, M.D.; Rona Hu, M.D.; Manpreet Singh, M.D.; Rafael Pelayo, M.D.; Charles Nemeroff, M.D., Ph.D.

Educational Objectives: (1) Apply a sequential treatment approach to patients with refractory major depression. (2) Have a working knowledge on the status of antidepressants in development—e.g., psychedelics. (3) Select optimal treatment approaches for patients with insomnia and other sleep disorders. (4) Implement treatment strategies for bipolar disorder, schizophrenia and childhood and adolescent disorders.

| 8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$390; Spaces Available: 316

HOW TO REGISTER

Because most of the spaces in APA's courses fill early, you are encouraged to enroll in advance to ensure you get a space in the course or courses of your choice. Course enrollment must be done as part of your Annual Meeting registration—only registered meeting attendees may purchase course tickets.

Take advantage of the lowest rates by registering by **February 21**; the deadline for advance registration is **April 4**. On-site registration and course enrollment will be available at Registration in the Moscone Center.

Register online at www.psychiatry.org/annualmeeting.
Questions?
Call 202-459-9731.



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SATURDAY, MAY 20, 2023

Course Code: C3029

Reproductive Psychiatry: What Every Psychiatrist Should Know

Primary Topic: Women's Health

Faculty: Sarah Nagle-Yang, M.D.; Lindsay Standeven, M.D.; Joanna Maclean, M.D.; Claire Smith, M.D.

Educational Objectives: (1) Utilize the National Curriculum in Reproductive Psychiatry (NCRP) to learn fundamentals of reproductive psychiatry. (2) Describe the prevalence, symptoms, and treatment of premenstrual and perimenopausal psychiatric disorders and be able to counsel patients on the risk of psychiatric illness during these times. (3) Develop an approach to psychiatric assessment in the perinatal period, incorporating awareness of common mental health presentations in the perinatal period. (4) Describe the risk-risk analysis of psychopharmacology in the perinatal period, balancing the risks of untreated psychiatric illness with risks of treatment. (5) Understand how to recognize and treat psychiatric emergencies in the perinatal period.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 316

SUNDAY, MAY 21, 2023

Course Code: C3006

A Measurement-Based Care Approach to Identification and Management of Treatment-Resistant Depression

Primary Topic: Depressive Disorders

Faculty: Madhukar Trivedi, M.D.; Manish Jha, MBBS; Alan Schatzberg, M.D.; Gerard Sanacora, M.D., Ph.D.; Maurizio Fava, M.D.; Melissa Martinez, M.D.

Educational Objectives: (1) Diagnose treatment-resistant depression (TRD) using systematic collection of prior treatment history. (2) Implement

measurement-based care (MBC) approach to ascertain response to TRD-specific treatment. (3) Review state-of-science regarding precision psychiatry approaches to prevent emergence of TRD. (4) Learn how to guide use of TRD-specific pharmacological and neuromodulation treatments. (5) Discuss experimental treatments and options for special populations.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 316

Course Code: BUP8059

Buprenorphine and Office-Based Treatment of Opioid Use Disorder

Primary Topic: Addiction Psychiatry
Faculty: John Renner, M.D.; Petros Levounis, M.D., M.A.; Andrew Saxon, M.D.; Dongchan Park, M.D.

Educational Objectives: (1) Discuss the rationale and need for medication-assisted treatment (MAT) of opioid use disorder, buprenorphine, methadone, and naltrexone. (2) Apply the pharmacological characteristics of opioids in clinical practice. (3) Describe buprenorphine protocols for all phases of treatment and for optimal patient/treatment matching. (4) Describe the legislative and regulatory requirements of office-based opioid pharmacotherapy. (5) Discuss treatment issues and management of opioid use disorder in adolescents, pregnant women, and patients with acute and/or chronic pain.

8 a.m.-5 p.m.; Moscone Center; Registration Cost: \$74; Spaces Available: 132

Course Code: C3028

Evaluation and Treatment of Neurocognitive Disorders

Primary Topic: Neurocognitive Disorders

Faculty: Allan Anderson, M.D.; Ganesh Gopalakrishna, M.D.; Pallavi Joshi, M.D.

Educational Objectives: (1) The

attendee will critically review and analyze cases of patients presenting with cognitive impairment to improve quality and safety of patient care in management of neurocognitive disorders. (2) The attendee will obtain skills in interpreting neuroimaging studies and learn to select appropriate neuroimaging tests to differentiate causes of neurocognitive disorders. (3) The attendee will be able to manage patients diagnosed with neurocognitive disorders including the prescribing of medications to treat the cognitive deficits and neuropsychiatric symptoms. (4) The attendee will be able to counsel patients and families on the use of non-pharmacologic strategies to manage neuropsychiatric symptoms of dementia. (5) The attendee will be able to counsel patients and families about clinical trials for Alzheimer's disease.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 316

Course Code: C8091

Neurology Update for Psychiatrists

Primary Topic: Neuroscience and Genetics

Faculty: Sanjay Singh, M.D.

Educational Objectives: (1) To review the basics of clinical neurology. (2) To review the recent advances in neurology. (3) To review the clinical approach to neurological disorders.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 204

MONDAY, MAY 22, 2023

Course Code: C3011

Psychodynamic Psychopharmacology: Enhancing Outcomes in Pharmacologic Treatment Resistance With Practical Psychodynamics

Primary Topic: Psychopharmacology

Faculty: David Mintz, M.D.; John Azer,

M.D.; Kyle Shepard, DO; Samar Habl, M.D.

Educational Objectives: (1) Describe the evidence base linking meaning factors and medication response. (2) Construct a biopsychosocially-integrated and patient-centered treatment frame. (3) Explain how pharmacotherapy and the meanings of medications can either support or interfere with development. (4) Diagnose common psychodynamics underlying pharmacologic treatment resistance. (5) Use basic psychodynamic interventions in pharmacotherapy to ameliorate psychological and interpersonal contributors to inadequate medication response.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 192

Course Code: C3010

Integrative Treatment of Anxiety Disorders

Primary Topic: Anxiety Disorders

Faculty: Edward Silberman, M.D.; Hinda Dubin, M.D.; Oscar Bienvenu, M.D., Ph.D.; Zoe Luscher, M.D.

Educational Objectives: (1) Participants will know the comparative prevalence of anxiety disorders vs. depressive disorders and will be able to name 4 factors distinguishing the former from the latter. (2) Participants will be able to name 3 appropriate target symptoms for medications and 3 appropriate target symptoms for psychotherapies in treating anxiety disorders. (3) Participants will be able to name 5 classes of medication that are effective for anxiety disorders and list the major indications for each. (4) Participants will be able to name 3 types of psychotherapy that are effective for anxiety disorders and list the major indications for each. (5) Participants will be able to summarize the evidence about benzodiazepine abuse, tolerance, withdrawal, and side effects and list 5 principles for their safe and effective use.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 132

Course Code: C3008

Understanding Narcissistic Pathology and Its Treatment With Transference-Focused Psychotherapy

Primary Topic: Personality Disorders
Faculty: Frank Yeomans, M.D., Ph.D.; Eve Caligor, M.D.; Diana Diamond, Ph.D.; Otto Kernberg, M.D.

Educational Objectives: (1) The participant will be able to differentiate the different clinical types of narcissistic pathology. (2) The participant will be able to diagnose the specific psychological structure that underlies narcissistic personality disorder. (3) The participant will be able to distinguish and use the characteristic countertransferences to narcissistic patients. (4) The participant will learn to employ an effective clinical approach to treating narcissistic personality disorder.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 120

Course Code: C3027

Agitation: Identification, Evaluation, and Treatment: From the Experts

Primary Topic: Emergency Psychiatry
Faculty: Kimberly Nordstrom, M.D., J.D.; Leslie Zun, M.D.; Michael Wilson, M.D., Ph.D.; Scott Zeller, M.D.

Educational Objectives: (1) Identify agitation early in its course to allow for action, rather than reaction in treatment. (2) Understand common etiologies of agitation, to include toxidromes and 'medical mimickers' of psychiatric illness. (3) Demonstrate a number of practical de-escalation techniques. (4) Understand strategies for medication use in treating agitation.

01:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 192

TUESDAY, MAY 23, 2023

Course Code: C3004

Family-Focused Therapy: An Outpatient Approach to Bipolar Disorder

Primary Topic: Bipolar and Related Disorders

Faculty: David Miklowitz, Ph.D.

Educational Objectives: (1) To explore the role of adjunctive psychotherapy for patients with bipolar disorder across the age ranges. (2) To review the research literature on family interventions for patients with bipolar disorder. (3) To learn to apply the basic strategies of family-focused therapy in treating adolescent or adult patients. (4) To appreciate the role of family psychoeducation as an early intervention in the beginning phases of bipolar disorder in children.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 132

Course Code: C3005

Change Is the Goal of Psychodynamic Therapy: Practical Strategies and New Evidence

Primary Topic: Psychotherapy

Faculty: Richard Summers, M.D.; Jacques Barber, Ph.D.; Sigal Zilcha-Mano, Ph.D.

Educational Objectives: (1) Diagnose core psychodynamic problems and develop a psychodynamic formulation for appropriate patients. (2) Recognize the mechanisms of change and strategies for facilitating change in psychodynamic therapy. (3) Be able to assess the extent of change the patient has experienced and discuss this with patient in relation to goals of treatment. (4) Improve treatment effectiveness by applying a contemporary and pragmatic framework for delivering psychodynamic therapy.

1:30 p.m.-5:30 p.m.; Moscone Center; Registration Cost: \$190; Spaces Available: 120

WEDNESDAY, MAY 24, 2023

Course Code: C3009

Imminent Suicide Risk Assessment in High-Risk Individuals Denying Suicidal Ideation or Intent: Introduction and Training

Primary Topic: Suicide and Risk Evaluation

Faculty: Igor Galynker, M.D., Ph.D.

Educational Objectives: (1) Appreciate the difference between long-term and imminent suicide risk. (2) Learn the nuts and bolts of MARIS and NCM-based approaches to the assessment of imminent suicide risk. (3) Apply the MARIS and NCM-based approaches to assess imminent suicide risk in test cases.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 132

Course Code: C3032

Evaluation and Treatment of Sexual Dysfunctions

Primary Topic: Sexual Dysfunctions

Faculty: Waguih IsHak, M.D.

Educational Objectives: (1) Acquire practical knowledge and skills in evaluation of sexual dysfunctions. (2) Acquire practical knowledge and skills in treatment of sexual dysfunctions. (3) Apply gained knowledge/skills to real-world examples of sexual dysfunctions.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 204

Course Code: C3033

Religion/Spirituality as a Determinant of Mental Health: Assessment and Integration Into Clinical Practice

Primary Topic: Religion and Spirituality Psychiatry

Faculty: Alexander Moreira-Almeida, M.D., Ph.D.; Francis Lu, M.D.; Wai Lun

Alan Fung, M.D.; John Peteet, M.D.; Claude Cloninger, M.D., Ph.D.

Educational Objectives: (1) Identify positive and negative impacts of religion/spirituality on patients' mental health and treatment. (2) Utilize the DSM-5 TR Outline for Cultural Formulation and Cultural Formulation to assess religious and spiritual issues. (3) Describe opportunities and ethical guidelines for enlisting religious/spiritual resources to enhance the goals of treatment. (4) Identify ways to promote self-transcendence as key component of well-being and support patient's efforts to bring their habits into accord with their goals and values. (5) Implement strategies of collaborations between psychiatrists and leaders/members of faith communities to enhance mental health and care.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 120

Course Code: C8097

Challenges & Opportunities: Forensics & Corrections: What You Need to Know

Primary Topic: Forensic Psychiatry

Faculty: Tanuja Gandhi, M.D.; Joseph Penn, M.D.; John Northrop, M.D., Ph.D.; Clarence Watson, M.D., J.D.; Patricia Recupero, M.D., J.D.

Educational Objectives: (1) To increase understanding of general medico-legal concepts/ questions encountered in clinical practice. (2) To increase comfort in addressing commonly encountered medical and legal issues in psychiatric practice. (3) To identify key malpractice liability risks associated with internet use in clinical psychiatry. (4) To improve knowledge and comfort around performing forensic evaluations. (5) To increase knowledge and understanding about psychiatric work in different correctional settings.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 192

Course Code: C8104

Integrating Technology and Psychiatry

Primary Topic: Technology (EHR, Telepsychiatry, Apps)

Faculty: Steven Chan, M.D., MBA; John Luo, M.D.; Darlene King, M.D.; Edward Kaftarian, M.D.; Sara Johansen, M.D.; Nishi Bhopal, M.D.

Educational Objectives: (1) Utilize online resources for lifelong learning, patient care, and collaboration. (2) Integrate online practice management tools in education, communication, documentation, screening, and evaluation. (3) Monitor and maintain your professional identity and privacy. (4) Assess novel technologies such as smartphone apps and predictive analytics to determine their role in patient care. (5) Understand telepsychiatry laws and regulations for clinical practice.

8 a.m.-noon; Moscone Center; Registration Cost: \$190; Spaces Available: 316

