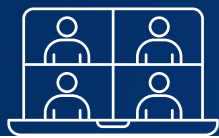


# Finding Equity Through Mind & Brain



AMERICAN  
**PSYCHIATRIC**  
ASSOCIATION

**ANNUAL MEETING**

May 1-3, 2021 • Online



# ANNUAL MEETING 2021 • ONLINE

## PRELIMINARY PROGRAM GUIDE

SATURDAY, MAY 1

11:30 AM - 1:00 PM

### APA Publishing Session

**Psychotherapeutic Approaches to Sexual Problems** *Chair: Stephen B. Levine, M.D.*

### General Sessions

**Advancing Ethics and Equity in Psychiatry: Perspectives from the Royal College of Psychiatrists** *Chair: Saul Levin, M.D., M.P.A.*

**Dieting to Win, Be Thin, and Feel Comfortable in My Own Skin: Disordered Eating in Athletes** *Chair: Ryley Paul Mancine*

**Educating and Supporting the Mental Health Workforce** *Chairs: Anita Everett, M.D., Humberto Carvalho, M.P.H.*

**Enhancing Use of the DSM-5 Outline for Cultural Formulation: Linking Social Determinants of Mental Health to Structural Competency Through v Codes** *Chair: Francis G. Lu, M.D.*

**Ethical Dilemmas in Psychiatric Practice** *Chair: Rebecca Brendel, M.D., J.D.*

**Measuring Quality and Equity of Mental Health Care: Existing Challenges and Future Opportunities** *Chair: Bonnie T. Zima, M.D., M.P.H.*

**Religion and Mental Health: Past, Present, Future** *Chair: Driss Moussaoui, M.D.*

**Scope of Practice: The Evolution of Physician-Only Paradigm in Psychiatry** *Chair: Michelle Riba, M.D., M.S.*

**Structural Racism in Psychiatry: The Past Is Driving the Present** *Chair: William Bradford Lawson, M.D., Ph.D.*

**Unprecedented Access to Psychiatry: Expand Your Impact to Infinity and Beyond! Collaborative Care, Econsults, and Echo Models** *Chair: Shannon Kinnan, M.D.*

**What to Do With the Rest of My Life? Career Tips for Launching Psychiatrists** *Chair: Jessica L.W. Mayer, M.D.*

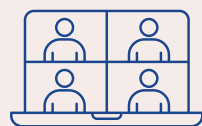
### Presidential Sessions

**AACAP's 2021 Initiatives** *Chair: Gabrielle A. Carlson, M.D.*

**Social Justice and Human Rights for Individuals With Mental Illnesses**

i

The American Psychiatric Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AMERICAN  
PSYCHIATRIC  
ASSOCIATION



# ANNUAL MEETING

May 1-3, 2021 • Online

*Presenter: Dinesh Bhugra, M.D.*

**The History of the Development of Cognitive Behavioral Therapy for Psychosis** *Presenter: Douglas Turkington, M.D.*

2:00 PM - 3:30 PM

### General Sessions

**A New Narrative for Behavioral Health: Eliminating Defects and Promoting Value** *Chair: Patrick S. Runnels, M.D.*

**Cognitive-Behavior Therapy for Reducing Suicide Risk** *Chair: Jesse H. Wright, M.D.*

**Empathy, Therapeutic Rapport, and Military Service: How Our Personal Journey Into Psychiatry Impacts Our Practice** *Chair: Jerry Trotter, M.D.*

**Equity & Building an Interventional Treatment Decision Tree** *Chair: Ramotse Saunders, M.D.*

**Ethnopsychopharmacology** *Chair: William Bradford Lawson, M.D., Ph.D.*

**Ketamine for Depression: Is the Hype Holding Up? Mechanisms and Evidence** *Presenter: Richard C. Shelton, M.D.*

**Mental Health Research in the Era of Competing Crises** *Chair: Joshua A. Gordon, M.D., Ph.D.*

**We're So Anxious!! Challenges Faced and Lessons Learned in the Management of Anxiety in Older Adults** *Chair: Tawny Smith*

**"Why Can't They Just Go to Psychiatry?" Changing Attitudes Toward Patients With Challenging Behaviors**

**on an Inpatient Pediatrics Unit** *Chair: Hannah Marie Gamble, M.D.*

### Presidential Sessions

**(Almost) 50 Years of Community Psychiatry** *Chair: Stephen Mark Goldfinger, M.D.*

**Caring for Older Adults With Mental Health Disorders and Dementia: American Association for Geriatric Psychiatry's Response to the Covid-19 Pandemic** *Chair: Rajesh R. Tampi, M.D., M.S.*

**The Future of Psychodynamics, Psychotherapy, and Psychoanalysis** *Presenters: Joseph R. Dwaihy, M.D., Eric Martin Plakun, M.D., Harriet Leeds Wolfe, M.D.*

4:00 PM - 5:30 PM

### APA Publishing Session

**Engaging for Action With "A Psychiatrist's Guide to Advocacy"** *Chair: Mary C. Vance, M.D.*

### General Sessions

**Equity, Ethics, and Future Directions in Telepsychiatry** *Presenters: Avrim B. Fishkind, M.D., Gonzalo J. Perez-Garcia, M.D.*

**Harnessing Digital Technology to Bring About Long-Term Recovery in First Episode Psychosis** *Chair: Mario Alvarez-Jimenez, Ph.D.*

**Late Career Physician Cognitive Screening: Policies, Practice, and Perspectives** *Chair: James Ellison, M.D., M.P.H.*

**Medical Mimics of Psychiatric Disorders After TBI** *Chair: Gregory John O'Shanick, M.D.*

**The #MeToo Movement: Implications for Psychiatrists** *Chair: Renee M. Sorrentino, M.D.*

**The Benefits and Challenges of Assuming Leadership Roles: A Workshop for Residents, Fellows and Early Career Psychiatrists** *Chair: Tobias Diamond Wasser, M.D.*

**The Suicidal Physician: Narratives From a Physician Who Survived and the Physician Widow of One Who Did Not** *Chair: Michael Myers, M.D.*

**Why Blaming Violence on Mental Illness Is Misleading: A Call for Multifaceted and Evidence Based Strategies to Reduce Gun Violence** *Chair: Ahmar Mannan Butt, M.D.*

**Window to the Mind: Clinical Implications of Visual System Impairment in Psychosis** *Chair: Steven Silverstein, Ph.D.*

#### Presidential Sessions

**Advancing Quality and Equity in Women's Health Care: Practical Advice About Women's Health From Four Generations of Women Psychiatrists** *Chairs: Carol C. Nadelson, M.D., Gail Erlick Robinson, M.D.*

**Population-Based Approaches for Patients in Medical Settings: Delivering More Equitable Care?** *Chair: Michael C. Sharpe, M.B.B.S.*

**Presidential Town Hall on Structural Racism #5: Annual Update** *Chair: Cheryl D. Wills, M.D.*

SUNDAY, MAY 2

11:30 AM - 1:00 PM

#### General Sessions

**Advocacy for Health Equity in Diverse Populations** *Chair: Patrice Harris, M.D.*

**Covid-19 Pandemic and After: What Social Psychiatry Can Offer?** *Chair: Eliot Sorel, M.D.*

**Getting Animated in a Queer New World: Steven Universe as a Socially Conscious Cartoon for Exploring and Understanding Sexuality and Gender Diversity** *Chairs: Diana M. Mujalli, M.D.,*

*Amy Elizabeth Curtis, M.D.*

**Here's Your Hat, What's Your Hurry: Career Transitions in Academic Psychiatry** *Chair: Philip R. Muskin, M.D., M.A.*

**In an Insecure World Breath-Based Practices Promote Secure Attachment, Social/Emotional Development, and Stress Resilience** *Chair: Patricia Lynn Gerbarg, M.D.*

**Individual and Community Trauma: Impact, Risk, and Interventions** *Chair: Joshua C. Morganstein, M.D.*

**International Research Collaborations in Global Psychiatry and Mental Health: The World Early Career Psychiatrists' Think Tank** *Chairs: Zargham Abbass, M.D., Victor Pereira-Sanchez, M.D.*

**Refining Translational Medicine Efforts in Neurodevelopmental Disorders** *Presenter: Craig A. Erickson, M.D.*

**Supporting ECPs and RFMs in Their Careers and Beyond** *Chair: Saul Levin, M.D., M.P.A.*

**The Challenge of Clinical Pharmacology and Pharmacogenetics in Later Life** *Presenter: Bruce Godfrey Pollock, M.D., Ph.D.*

**The Physician Leadership Journey: Roadmaps and Potholes** *Presenter: Kenneth C. Nash, M.D.*

**Understanding and Transforming the Current Competence to Stand Trial System** *Presenters: Debra A. Pinals, M.D., Lisa Callahan*

**Zooming Through Covid-19: Achievements and Challenges in Telemental Health Services and Patient-Centered Treatment** *Chair: Victor Buwalda, M.D.*

#### Presidential Session

**Psychodynamic Lessons From the Novel Coronavirus Pandemic** *Chair: Gerald Paul Perman, M.D.*

2:00 PM - 3:30 PM

#### APA Publishing Session

**Physician Well-Being: 'Good Stuff' During Covid-19** *Chair: Peter M. Yellowlees, M.D.*

#### General Sessions

**A Simple Method to Ensure Creative Problem Solving in Healthcare Service**

*Delivery Chair: Erik Rudolph Vanderlip, M.D., M.P.H.*

**Cannabis: Clearing the Smoke on Cannabis Use Disorder** *Chair: Smita Das, M.D., Ph.D., M.P.H.*

**Crisis Coordination With Law Enforcement: To CIT and Beyond!** *Chair: Tony Thrasher, M.D.*

**Depression in Families: Clinical Opportunities for Breaking the Cycle of Transmission** *Presenter: Myrna Weissman, Ph.D.*

**Dialectical Behavioral Therapy With Adolescents: Fostering a Ninja Mindset** *Chair: Robert D. Friedberg, Ph.D.*

**Latinx 2021: Solving the Dilemma** *Chair: Bernardo Ng, M.D.*

**Prediction of Disease Vulnerability and Treatment Response in Mood Disorders and PTSD: Personalized Medicine in Psychiatry** *Presenter: Charles Barnet Nemeroff, M.D., Ph.D.*

**The Self-Assessment for Modification of Anti-Racism Tool (SMART): Addressing Structural Racism in Community Mental Health** *Chair: Rachel Melissa Talley, M.D.*

**Thelonious Monk, Pepé Le Pew, and Me: Adventures in Medical Education** *Presenter: Jeffrey Marc Lyness, M.D.*

**Toward Personalized Psychiatry: Individual Risk of Developing and Having Recurrent Manic Episodes – 20-Year Prospective Studies** *Presenter: Boris Birmaher, M.D.*

**Treating Invisible Wounds: Psychiatry Meets Pain Management** *Chair: Taranjeet Singh Jolly, M.D.*

**Treatment of Severe Obsessive-Compulsive and Related Disorders: What Do You Do If First-Line Treatments Don't Work?** *Chair: Katharine A. Phillips, M.D.*

**"Will You Let Me Die?": Terminality and Treatment Futility in Psychiatry** *Chair: Dominic Sisti, Ph.D.*

4:00 PM - 5:30 PM

#### APA Publishing Session

**Evidence-Based Treatment Approaches for Suicidal Adolescents** *Chair: Michele Berk*

#### General Sessions

**Asian American Mental Health and**

# ANNUAL MEETING 2021 • ONLINE

## PRELIMINARY PROGRAM GUIDE

**Racism During and Post Covid-19**  
*Chair: Edmond H. Pi, M.D.*

**Collision of the Opioid Crisis and the Covid-19 Pandemic**  
*Chair: Nora D. Volkow, M.D.*

**Delivering HIV Prevention and Care to Transgender People: An Update**  
*Chair: Kenneth Bryan Ashley, M.D.*

**Excited Delirium Syndrome: An Excuse or a Diagnosis?**  
*Chair: Julie Owen, M.D.*

**Expanding Access to Measurement Based Care: Evidence and Policy Initiatives That Incentivize Quality Care and Health Equity**  
*Chair: Carol L. Alter, M.D.*

**Health Policy and LGBTQ Mental Health**  
*Chair: Amir Ahuja, M.D.*

**Improving Sexual Safety in Inpatient Psychiatric Facilities**  
*Chair: Holly Betterly, M.D.*

**Psychedelic-Assisted Psychotherapy for PTSD: Theory, Technique and Context**  
*Chair: Harold Stephen Kudler, M.D.*

**The IMG Journey: Snapshots Across the Professional Lifespan**  
*Chair: Muhammad Zeshan, M.D.*

**Therapeutic Misconception in Clinical Research: A Psychiatrist's 40-Year Journey**  
*Presenter: Paul S. Appelbaum, M.D.*

### Presidential Sessions

**Is Psychiatry's Identity in Crisis? Implications for Residency Education**  
*Chair: Adam Marshall Brenner, M.D.*

**Navigating Potential Pitfalls to Wellness for Psychiatrists**  
*Chair: William J. Newman, M.D.*

**MONDAY, MAY 3**

**11:30 AM - 1:00 PM**

### General Sessions

**A Psychoanalytic Exploration of the Role of Law Enforcement in State Sanctioned Dehumanization and Civil Unrest**  
*Chair: Constance E. Dunlap, M.D.*

**Clozapine Clinic: The Need of the Hour**  
*Chair: James L. Roerig, Pharm.D.*

**Cognitive Behavior Therapy for Personality Disorders**  
*Chair: Judith Beck, Ph.D.*

**Friend, Frenemy, or Foe: The Role of Adolescent Social Media Use in Race Based Trauma**  
*Chairs: Stephanie Alexis*

*Garayalde, M.D., Asha D. Martin, M.D.*

**LGBTQ+ Medical Students and Applying to Psychiatry Residency**  
*Chair: Marshall Forstein, M.D.*

**Medical Conditions Mimicking Psychiatric Disorders Versus Psychiatric Disorders Mimicking Medicine Conditions: Diagnostic and Treatment Challenges**  
*Chair: Catherine C. Crone, M.D.*

**Operational Mental Health Implications During the Covid-19 Pandemic for Active Duty Army Units**  
*Chair: Connie Thomas, M.D.*

**Presidencies: What They Taught Us**  
*Chair: John A. Talbott, M.D.*

**Psychiatry in the Courts: APA Confronts Legal Issues of Concern to the Field**  
*Chair: Reena Kapoor, M.D.*

**Psychosis in Dementia or Dementia in Psychosis? A Clinical Approach to Late-Life Psychosis and Cognitive Decline**  
*Chair: Vimal M. Aga, M.D.*

**The Climate Crisis and Mental Health: What Will You Do?**  
*Chair: David Alan Pollack, M.D.*

### Presidential Sessions

**Addressing Insomnia in Psychiatric Practice: A Modifiable Risk Factor for Suicidal Ideation**  
*Chair: William Vaughn McCall, M.D.*

**Facing the Challenge of Cannabis Legalization: Psychiatry's Role**  
*Chair: Kevin Allen Sevarino, M.D.*

**The Psychology of Racism and Non-violence**  
*Chair: Nassir Ghaemi, M.D.*

**2:00 PM - 3:30 PM**

### APA Publishing Session

**Medicine in Psychiatry: What Do We Need to Know?**  
*Chair: Peter Manu, M.D.*

### General Sessions

**Cannabis and Psychosis: Population, Neurobiological, and Treatment Services Perspectives**  
*Chair: Wilson M. Compton, M.D.*

**Decolonizing Psychiatry: Listening to and Learning From Case Discussions**  
*Chairs: Alicia Barnes, D.O., Desiree Nicolette Shapiro, M.D.*

**Disaster Mental Health Epidemiology and Nosology: Perspectives From Three Decades of Research**  
*Chair: Carol*

*S. North, M.D.*

**Double Jeopardy, Muslim Mental Health Provider: Facing Xenophobia, Navigating Burnout and Focus on Wellness**  
*Chair: Batool Kazim, M.D.*

**First Episode Psychosis**  
*Presenter: Dost Ongur, M.D., Ph.D.*

**Latinx/Hispanic Communities and Mental Health: Identifying Barriers to Access and Potential Solutions During Unsettled Times**  
*Chairs: Ruby C. Castilla Puentes, M.D., Pamela Montano, M.D.*

**Nutritional Interventions in Psychiatry: What Is the Evidence?**  
*Chair: Jessica Lynne Principe, M.D.*

**Providing Equitable Healthcare to Marginalized Groups Via Student-Run Mental Health Clinics: Approaches, Advantages and Challenges During Covid-19**  
*Chair: Jessica Spellun, M.D.*

**Redeployed: Accounts From Psychiatrists Redeployed During the Initial Phases of the Covid-19 Pandemic**  
*Chair: Uchenna Barbara Okoye, M.D.*

**Suffering in Silence: Uncovering the Prevalence of Major Depression Amongst Black Men in Specific Impoverished Areas**  
*Chair: Louis Belzie, M.D.*

**Suicide Prevention Research for Underserved Youth: Approaches to Addressing the Challenges**  
*Chair: Jane Pearson, Ph.D.*

**The Impact of Sleep on Geriatric Mental Health: Research Findings in Schizophrenia, Affective Disorders, and Cognitive Disorders**  
*Chair: Ellen Lee, M.D.*

**Three New Tools to Augment Care for People With Serious Mental Illness**  
*Chair: John Torous, M.D.*

**Using Motivational Interviewing to Improve Medical and Behavioral Health Outcomes in Under Served Communities**  
*Chair: Joseph Laino, Psy.D.*

**4:00 PM - 5:30 PM**

### APA Publishing Session

**Dynamic Supportive Psychotherapy: Strategies and Techniques for Psychiatric Practice**  
*Presenter: John Battaglia, M.D.*

### General Sessions

**Aiming for Clarity at the Murky Intersection of Mental Illness,**

**Psychiatry and Firearm Ownership Rights** *Chair: Jeremy Weleff, D.O.*

**Avoid Burnout and Improve Outcomes Through Motivational Interviewing as a Core Communication Style** *Chair: Michael A. Flaum, M.D.*

**Ethnicity, Culture, and Psychopharmacology** *Presenter: Edmond H. Pi, M.D.*

**Focus Is the Secret Sauce in Effective Psychodynamic Therapy: A Pragmatic Clinician's Workshop** *Chair:*

*Richard Fredric Summers, M.D.*

**Integrating Clinical Practice and Research** *Presenter: Carlos Blanco-Jerez, M.D., Ph.D.*

**SAMHSA Priorities Presenter: Tom Coderre**

**Supporting Medical Directors in Behavioral Health Clinics** *Chair: Saul Levin, M.D., M.P.A.*

**Tell Me Something Good** *Presenter: Jacki Lyden*

**The Role of Psychedelics in Psychiatry** *Chair: William McDonald, M.D.*

**To Tweet or Not to Tweet: Social Media Use for Professional Development and for Mental Health Research** *Chair: Carolyn Rodriguez, M.D., Ph.D.*

**Triple Threat: Young, Female, Professional—The Experiences of Young Female Psychiatrists and Psychologists in Academic Medicine** *Chair: Marcia Unger, M.D.*